



SORORITY INSIGHTS

A Resource for House Corporations, House Directors and Volunteers
Spring 2016

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IT'S ON US

An awareness campaign to help put an end to sexual assault on college campuses
By Rebecca Kaplan, It's On Us

"It's On Us" aims to fundamentally shift the way we think about sexual assault, by inspiring everyone to see it as their responsibility to do something, big or small, to prevent it. The campaign reflects the belief that sexual assault isn't just an issue involving a crime committed by a perpetrator against a victim, but one in which the rest of us also have a role to play. We are committed to creating an environment - be it a dorm room, a party, a bar or club, or the greater college campus - where sexual assault is unacceptable and survivors are supported. This effort will support student-led efforts already underway across the country, and will focus particularly on motivating college men to get involved. It's On Us asks everyone -- men and women across America -- to pledge to step off the sidelines and be part of the solution to campus sexual assault.



This pledge is a personal commitment to help keep women and men safe from sexual assault. It is a promise not to be a bystander to the problem, but to be a part of the solution.

- To RECOGNIZE that non-consensual sex is sexual assault.
- To IDENTIFY situations in which sexual assault may occur.
- To INTERVENE in situations where consent has not or cannot be given.
- To CREATE an environment in which sexual assault is unacceptable and survivors are supported.

"It's On Us" partners include, American Association of University Women, Athletic Coast Conference, Atlantic 10, Big Ten, Big Twelve, Clear Channel – iHeart Radio, College Humor, Conversant Media, Electronic Arts, Everfi, Generation Progress, Mekanism, Men Can Stop Rape, Participant Media, Microsoft – Bing, NCAA, National Campus Leadership Council, Newsweek, National Women's Law Center, On Campus Media, Only With Consent, Our Time, Pac 12, Park Pictures, PVBLIC, RAINN, SB Nation, The Mill, Tumblr, Ultraviolet, USA Characters Unite, United States Olympic Committee, Verifone Media and Viacom, which includes VH1, MTV, BET, CMT, and Spike, as well as many universities and fraternal organizations.

“It’s On Us” Tools

- Consent is voluntary and mutual, and can be withdrawn at any time.
- Past consent does not mean current or future consent.
- There is no consent when there is force, intimidation or coercion.
- One cannot always consent if under the influence of alcohol and/or drugs.
- Talk to your friends honestly and openly about sexual assault.
- Don’t just be a bystander – if you see something intervene in any way you can.
- Trust your gut. If something looks like it might be a bad situation, it probably is.
- Be direct. Ask someone who looks like they may need help if they’re okay.
- Get someone to help you if you see something – enlist a friend, RA, bartender or host to help step in.
- Keep an eye on someone who has had too much to drink.
- If you see someone who is too intoxicated to consent, enlist their friends to help them leave safely.
- Recognize the potential danger of someone who talks about planning to target another person at a party.
- Be aware if someone is deliberately trying to intoxicate, isolate, or corner someone else.
- Get in the way by creating a distraction, drawing attention to the situation or separating them.
- Understand that if someone does not or cannot consent to sex, it’s rape.
- Never blame the victim.
- If you are a victim or survivor, or helping someone in that situation go to www.notalone.gov to get the resources and information you need. You can also call the National Sexual Assault Hotline at 1.800.656.HOPE.

www.itsonus.org



NEW SENIOR CLAIMS ACCOUNT MANAGER AT HOLMES MURPHY

Help us welcome Mary K. Mashek

We are happy to welcome Mary K. Mashek to the Holmes Murphy Team. She has been in the insurance industry for twenty years and looks forward to advocating for you. She brings knowledge and experience from Zurich Recovery Services where she managed subrogation files for the Property, Auto, Inland and Ocean Marine lines of business. She gained further knowledge as a claims adjuster handling homeowner claims with Stillwater Insurance Group.

Mary K. is proud to call herself a veteran of the USAF and was fortunate to travel the world and experience different cultures during her enlistment. Free time is spent with her family which includes her husband, four children and at last count, seven grandchildren.

Rob Meraz, Senior Claims Consultant, will be available to assist you if Mary K. is

Mary K. Mashek can be reached at 402-898-5500 & mmashek@holmesmurphy.com

Rob Meraz can be reached at 402-898-4189 & rmeraz@holmesmurphy.com

If calling after-hours, please call 402-898-4189

Claims can also be reported through our website:

www.holmesmurphyfraternity.com | www.holmesmurphysorority.com



And don't forget, while we hope that your properties will remain safe and sound during the break period, if your property does suffer damage, we have partnered with ServiceMaster Recovery Management (SRM) to provide emergency repairs and water remediation work immediately following a loss resulting in damage to your facility. The toll-free number for SRM is 1-888-927-4877.

PLAN TO ATTEND THE DURWARD W. OWEN RISK MANAGEMENT COLLEGE

June 28, 2016 at the Hyatt Regency Downtown in Indianapolis

FRMT will host the 19th annual Durward W. Owen Risk Management College presented by Pennington & Co. in Indianapolis, Indiana. Attendance is open to all fraternal organizations, as we work together to provide a safe and enjoyable Greek experience for all levels of membership.

In 2016, the College will provide two education tracks. Track I will target traveling consultants, and we are pleased that once again Lori Hart, Ph.D. (Director of Prevention Education, Pi Kappa Phi Fraternity/The Catalyst Agency) and Kim Novak (Director of Risk Education and Prevention, Pi Kappa Alpha Fraternity and CEO, NovakTalks) will lead this Track. The primary focus will be on FIPG education as it relates to alcohol, risk management, event planning, hazing and prevention efforts. Track II will support the needs of directors, executives and other senior staff members by addressing some of the topical issues of the day, including legal issues, sexual assault prevention and drug testing in fraternal organizations. All attendees will be provided with an understanding of risk management policies pertaining to the daily operations of local chapters. The information they will receive will be invaluable in the performance of their duties.

Additionally, the Alcohol Skills Training Program facilitated by Dr. Jason Kilmer will be offered the day following the College on Wednesday, June 29th. The program focuses on strategies and skills for drinking in a less dangerous or less risky way for those who make the choice to drink. In this workshop, an extension of the ASTP for use in the Greek System will be described, and participants will learn about program components and will gain practice with motivational interviewing strategies.

More information as well as registration materials can be found here: www.frmtltd.org/Risk_Management_College

HOUSING TRENDS: IS YOUR BOARD THINKING ABOUT THESE THINGS?

Adapted from Beta Theta Pi's Cornerstone Program/Presentation

by Anne Emmerth, Beta Theta Pi and Woody Ratterman, CSL Management

Trends Affecting Housing

- Memberships Growing and Expansion On The Rise
- More Headquarters Focused on Housing Issues
- More Universities Promoting Greek Villages/Housing
- Increased Competition from Universities and Private Sector
- Aging Infrastructure/Deferred Maintenance Remain Prevalent
- Sprinkler System Mandates Continue, along with environmental risks
- Construction Costs Continue To Rise
- Infrastructure Cannot Handle Today's Technology Demands

Security and Access Controls

Access Control: What type is best?

- Keys
- Codes
- Fobs\cards
- Finger print technology
- How much will it cost?

Security Cameras

- Is it worth investment and what is liability ?
- Design considerations
- How much will it cost?

Security Systems

- Video Monitoring: Public areas only
- Accessible doors and windows
- Controlled Access: Common areas and suites
- Increase tenant safety and decrease vandalism and theft

Technology

- Wireless internet trends
- Energy consumption management
- Leak protection- automatic water shut-off
- Lighting technology- LED\sensors
- Online building management software
- Digital wall coverings\composites
- Explore opportunities to integrate multiple services utilizing mobile applications

WHEN DO STUDENTS BINGE DRINK?

adapted from [College Students' Alcohol Consumption Changes Throughout the Year: The Peaks of Binge Drinking](#)
Originally published on the Website [MedicalDaily.com](#)

To college students, drinking alcohol is a rite of passage; roughly four out of five students admit to doing it. But to the National Institute on Alcohol Abuse and Alcoholism (NIAAA), it's a persisting problem throughout America's colleges. The NIAAA finds alcohol abuse, including binge drinking, negatively affects students' academic and social lives at increasingly high rates. Now, a team from the Research Society on Alcoholism may have new insight into college drinking, including the times students drink the most.

Researchers first wondered if college students drink more in the summer or the winter. So in January 2014, they measured alcohol consumption among 462 college freshmen (290 females and 172 males) eight times over the course of 55 weeks, just over a year. They made note of events where they may be more likely to drink, including campus festivals, the start and end dates of semesters and new school years, as well as summer breaks when most students are back home.

According to the findings, published in the journal *Alcoholism: Clinical and Experimental Research*, there's a distinct fluctuation in students' alcohol consumption. Perhaps unsurprisingly, they saw a 29 percent drop in alcohol consumption during the summer — a time when most students are off campus and out of the drinking environment. But once students returned to school in the fall, their alcohol consumption spiked 31 percent. It spiked again, by 18 percent, around spring break up until an on-campus festival.

Drinking alcohol isn't a problem as much as the groceries list of results that come with it. Aside from the 25 percent of college students who report missing class, falling behind, and performing poorly on exams, papers, and receiving overall lower grades, drinkers risk physical, mental, and sexual consequences. According to the NIAAA, every year another 1,825 college students between the ages of 18 and 24 die from alcohol-related injuries, nearly 600,000 students insure unintentional injuries while under the influence of alcohol, and more than 690,000 students are assaulted by another student who has been drinking.

But it doesn't stop there. In one calendar year, more than 97,000 students become victims of alcohol-related sexual assault or date rape. According to the National Sexual Violence Resource Center, more than 90 percent of sexual assault victims on college campuses do not report the assault. And when it comes to suicide, between 1.2 and 1.5 percent of students have tried to commit suicide while drinking or doing drugs. Another 150,000 students report developing alcohol-related health problems during their time in college.

Previous research suggests the first six weeks of freshmen year is when a student is most likely to experience heavy drinking and other alcohol-related consequences because of peer expectations and other social pressures. However, now that researchers have found drinking peaks and valleys throughout the year, colleges and policy makers could use the timeline to target specific behaviors in order to reduce the frequency of negative outcomes. This includes but is not limited to when more students are likely to pour one out.

Source: Schuckit MA, Smith TL, Clausen P, Skidmore J, Shafir A, and Kalmijn J. Drinking Patterns Across Spring, Summer, and Fall in 462 University Students. *Alcoholism: Clinical and Experimental Research*. 2016.



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10707 Pacific Street, Suite 200

Omaha, NE 68114

www.holmesmurphyfraternity.com | www.holmesmurphysorority.com

800-736-4327

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