



BYSTANDER INTERVENTION/SEXUAL ASSAULT PREVENTION FREE RESOURCES

Bystander Intervention is recognizing a potentially harmful situation or interaction and choosing to respond in a way that could positively influence the outcome. Here are some resources to help students understand how to speak up and step in when they see something wrong. *(Adapted from a post by [Ron Castro](#))*

[Center for Disease Control Resources](#)

Included in this website are resources you can use to educate trainers about how to teach bystander intervention as well as videos and other materials you can use in workshops with students.

[Dr. Alan Berkowitz — Bystander Intervention](#)

Dr. Berkowitz is a renowned consultant on social justice issues. This series of short videos tells stories of intervention and the principles they illustrate.

[Dr. Mary C. Gentile — Giving Voice to Your Values](#)

Mary Gentile teaches ethical decision-making and values-driven leadership for business schools. Her book and website are full of resources that could be adapted to bystander training for students, staff, and faculty around issues of sexual violence.

[White House — It's On Us Campaign](#)

It's On Us is a national movement to end sexual assault. The website includes great tools and information on bystander intervention.



[NSVRC — Bystander Intervention Resources](#)

This online resource collection offers information on bystander intervention including organizations and programs doing bystander work.”

[MIT — Active Bystanders](#)

This site includes advice on effective intervention strategies as well interactive scenarios students or facilitators could use to practice bystander skills.

[Step Up!](#)

Step Up offers a lot of great free resources to help develop bystander programs. It broadens intervention beyond sexual violence to include issues like drinking, anger, and academic honesty.

[NCAA – Bystander Intervention](#)

Resources to help train students and educate the public on helping behaviors

[New York State Health Department – Bystander Intervention Toolkit](#)

The toolkit provides an overview of existing programs and resources that utilize the bystander intervention approach which are designed for middle, high school and college-age youth.

[Dr. David Lisak](#)

David Lisak offers some valuable resources on understanding predators and the predatory nature of sexual violence.

[Samantha Stendal and Aaron Blanton – “A Needed Response”](#)

Created during the Steubenville rape trial by two University of Oregon students, this short, simple video conveys a powerful message about treating women with respect. The video was honored with a Peabody Award, the first viral video to receive that accolade.

Short Videos

[Ted Talks Playlist – The Conversation Around Sexual Assault](#)

[Consent as a Cup of Tea](#)

[What If Bears Killed One In Five People](#)

[Who Are You](#)

[Keith Edwards - Ending Rape](#)

[Al Vernacchio – Metaphors for sex and how they influence our perspectives around sex](#)



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